

# breakfast served until midday

- FULL ENGLISH** £7.45  
Cumberland sausage, back bacon, poached, fried or scrambled egg, baked beans, grilled tomato, mushrooms, one slice of toast
- VEGETARIAN V** £7.45  
vegetarian sausage, poached, fried or scrambled egg, grilled tomato, mushrooms, hash brown, baked beans, one slice of toast
- TWO EGGS ON TOAST V** £4.75  
choose from scrambled, poached or fried eggs
- BEANS ON TOAST V** £4.75
- POACHED EGGS & AVOCADO V** £7.45  
two poached eggs, avocado and tomatoes, drizzled with basil pesto on a slice of brown toast

- BACON OR SAUSAGE SANDWICH** £4.95  
add an egg for £1.50, have in a baguette for £1 extra
- FRESH SMOOTHIES V** £3.95  
Strawberry Delight, Pineapple Sunset, Coconut Crush, Green Reviver

**croissants** £2.25  
**assorted pastries and filled croissants** £2.55

## extras

- EGG, MUSHROOMS, GRILLED TOMATO, BAKED BEANS, HASH BROWN V £1.50 PER PORTION  
TWO SLICES OF TOAST V £1.60 SAUSAGE, VEGETARIAN SAUSAGE, BACON £1.95 EACH  
AVOCADO V £2 SMOKED SALMON £3.95 POT OF JAM OR MARMALADE £0.80

# sandwiches

choose FROM OUR SELECTION OF freshly made fillings

	bloomer bread, wrap or gluten free bread	baguette, ciabatta or focaccia
CHEDDAR CHEESE V	£4.25	£5.25
EGG MAYONNAISE V	£4.25	£5.25
ROASTED CHICKEN	£4.95	£5.95
HAM AND CHEESE	£4.95	£5.95
ONE OF OUR SPECIAL GIARDINO MIXES	£5.45	£6.45
TUNA MAYONNAISE	£5.95	£6.95
PRAWN MAYONNAISE	£6.25	£7.25
CRAYFISH & AVOCADO	£6.95	£7.95
SMOKED SALMON & CREAM CHEESE	£7.45	£8.45

## sides

- KETTLE CRISPS £1.50  
CHIPS £2.95

# panini

SERVED ON  
ciabatta OR focaccia

CLASSIC HAM & CHEESE ham & cheddar cheese	£5.95	HALLOUMI V grilled halloumi, peppers, tomato, salad & sweet chilli sauce	£6.95
GIARDINO SPECIAL chicken, crispy bacon, mozzarella, spinach	£6.45	CHICKEN PESTO roast chicken, tomato, mozzarella, green pesto	£6.45
BACON MELT back bacon, cheddar cheese, tomato, onion, leeks	£6.45	TUNA MELT tuna, sun dried tomato, leeks, onion, mozzarella	£6.95
SWEET CHILLI CHICKEN chicken, tomato, red onion, mozzarella & sweet chilli sauce	£6.95	BACON & AVOCADO grilled bacon, avocado, tomato, mozzarella & mayonnaise	£6.95
BBQ CHICKEN MELT roast chicken, mushrooms, cheddar cheese & bbq sauce	£6.95	CHICKEN MILANESE chicken escalope, crispy bacon, cheddar cheese	£7.95
CLASSIC ITALIAN V mozzarella, fresh tomato, sun dried tomato & basil pesto	£6.45	SMOKED SALMON cream cheese, smoked salmon, lemon & black pepper	£8.45
GOAT'S CHEESE V spinach, goat's cheese, caramelised onion	£6.75		

# kids menu

for children UP TO THE AGE of 10

**kids box** £5.95  
SANDWICH OF YOUR CHOICE (ham, cheese or chicken)  
PIECE OF FRUIT  
DRINK (milk, water, fruit shoot or fruit juice)

SPAGHETTI BOLOGNESE £5.95  
PENNE WITH TOMATO SAUCE V VG £5.95  
CHICKEN GOUJONS & CHIPS £5.95  
MARGHERITA PIZZA BREAD V & CHIPS £5.95  
INCLUDES A DRINK (milk, water, fruit shoot or fruit juice)

# cold drinks

MINERAL WATER	£1.95	FRUIT SHOOTS	£1.50
DIET COKE / COKE ZERO	£1.95	ORANGE OR APPLE JUICE	£2.05
COCA-COLA	£2.25	FRESHLY SQUEEZED ORANGE JUICE	£3.95
OASIS	£2.75	CAFE FRAPPE	£2.95
SAN PELLEGRINO	£2.25	MILK SHAKES	£2.95
CAWSTON PRESS	£2.25	FRESHLY MADE SMOOTHIES	£3.95
ICED TEA	£2.25		

# salads



add any of the following

- EGG MAYONNAISE V £1.75 AVOCADO V £2 TUNA MAYONNAISE £3  
GRILLED HALLOUMI V £2.50 ROAST CHICKEN £2 CHICKEN ESCALOPE £3.95  
CRAYFISH & AVOCADO £3.95 PRAWN MAYONNAISE £3.50  
ONE OF OUR SANDWICH MIXES £3 SMOKED SALMON £3.95

# jacket potatoes

why not try a FRESHLY BAKED POTATO topped with one of our DELICIOUS FILLINGS

CHEESE OR BAKED BEANS V	£5.25
CHEESE AND BAKED BEANS V	£5.75
ONE OF OUR SPECIAL GIARDINO MIXES	£6.45
VEGETABLE CURRY V	£6.95
PRAWN MAYONNAISE	£7.25
TUNA MAYONNAISE	£7.25
MEATBALLS IN TOMATO SAUCE	£7.25
CHILLI CON CARNE	£7.25
BOLOGNESE AND CHEESE	£7.95
CRAYFISH AND AVOCADO	£8.95

## extras

- SIDE SALAD V £3.25 COLESLAW V £1.50 GRATED CHEESE V £1.50

# pasta & pizza breads



CHOOSE ONE OF OUR DELICIOUS freshly made pasta dishes OR bakes  
SMALL £6.95  
REGULAR £7.95  
LASAGNE £8.45

freshly made SOUP OF THE DAY served with baked baguette & butter £5.45

why not try one of our PIZZA BREADS with your pasta  
GARLIC BREAD V £3.25  
GARLIC BREAD WITH CHEESE V £3.75  
CHEESE & TOMATO V £3.95  
HAM & CHEESE £4.25  
MUSHROOM & PEPPERS V £4.25  
BRUSCHETTA V VG £3.95

extras  
SIDE SALAD £3.25

# hot drinks

	SMALL	REG	MUG
AMERICANO	£2.30	£2.70	£3.00
CAPPUCCINO	£2.55	£2.95	£3.25
LATTE	£2.55	£2.95	£3.25
FLAT WHITE	£2.55	£2.95	£3.25
MOCHA	£2.75	£3.05	£3.35
HOT CHOCOLATE	£2.75	£3.05	£3.35
ESPRESSO	£1.95		
DOUBLE ESPRESSO	£2.45		
TEA	£2.10		
HERBAL TEA	£2.25		
add FLAVOURS	£0.80	CREAM £0.80	MARSHMALLOWS £0.80

WE CAN DO decaf, skimmed, semi skimmed, soya, almond, oat