

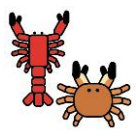
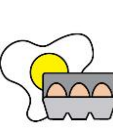








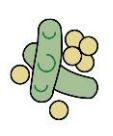






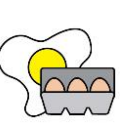
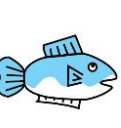



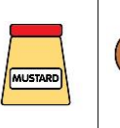



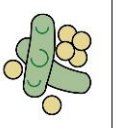

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Vanilla Custard Crown		X		X			X		X	X	X	X	X	
Pecan Pastry		X		X			X		X	X	X	X	X	
Pain au Raisin		X		X			X		X	X	X	X	X	
Plain Croissant		X					X		X	X	X	X	X	
Almond Croissant		X		X			X		X	X	X	X	X	
Apricot Pastry		X		X			X		X	X	X	X	X	
Pain au Chocolate		X							X	X	X	X	X	
Tea Cake		X		X			X		X	X	X	X	X	

Review date:
May 2021

Made in a factory
that may contain
other allergens



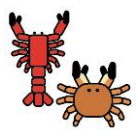
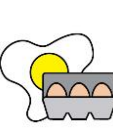

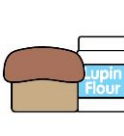

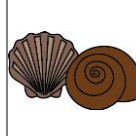






DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Scone		X					X		X	X	X	X	X	
Belgian Bun		X		X			X		X	X	X	X	X	X
Lemon & Chocolate Muffin		X		X			X		X	X	X	X	X	X
Blueberry Muffin		X		X			X		X	X	X	X	X	
Chocolate Ganache Muffin		X		X			X		X	X	X	X	X	

Review date: May 2021

Made in a factory that may contain other allergens



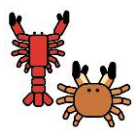
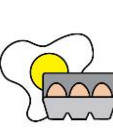








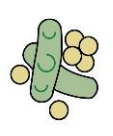

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Hazelnut Wafer		X		Traces			X			X	Traces		X	
Vanilla Wafer		X		Traces			X			X	Traces		X	
Shortbread Fingers		X					X			X				
Oat & Raisin		X					X			X				
Chocolate Crunch		X					X			X			X	
Rice Krispie Square		X					X			X			X	
Caramel Square		X					X			X			X	

Review date: May 2021

Made in a factory that may contain other allergens



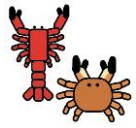
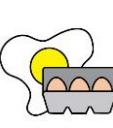








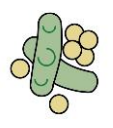

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Milk Chocolate Giant Cookie		X		X			X			X		X		
Gluten Free Chocolate Brownie				X			X			X			X	
Gluten Free Raspberry & Almond Slice				X			X			X				
Kettle Crisps Plain														
Kettle Crisps – Sweet Chilli							X							
Kettle Crisps – Cheese & Onion							X							
Kettle Crisps – Salt & Vinegar														

Review date: May 2021

Made in a factory that may contain other allergens



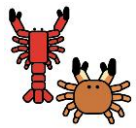
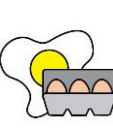








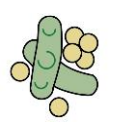

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Apple Lattice Pie		X		X			X			X		X		
Carrot Cake		X		X			X			X		X		X
Chocolate Fudge Cake		X		X			X			X		X		
Gluten free lemon cake				X						X		X		
Sticky Toffee Cheesecake				X			X			X		X	X	
Key Lime Cheesecake		X		X			X			X		X	X	
Panettone		X		X			X			X			X	
Mince Pie		X								X				X

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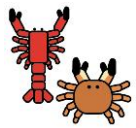
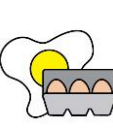

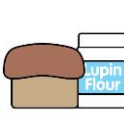








DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Classic Ham and Cheese Panini		X					X			X		X		
Classic Italian Panini		X					X			X		X		
Giardino Special Panini		X					X			X		X		
Bacon Melt Panini		X					X			X		X		
Sweet Chilli Chicken		X					X			X		X		
Tuna Melt		X			X		X			X		X	X	
BBQ Chicken Melt		X					X			X		X		
Goats Cheese		X					X			X		X		
Chicken Pesto		X					X			X		X		

Review date: May 2021

Some products used are made in a factory that may contain other allergens




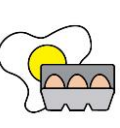
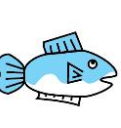
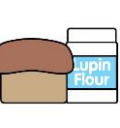

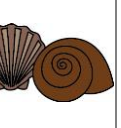
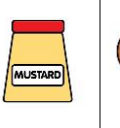
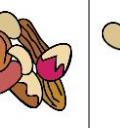

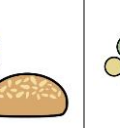
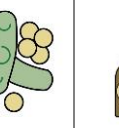

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Halloumi		X					x			x		x		
Avocado & Bacon		X		X			X			x		x		
Chicken Milanese	x	X		X			X		X	x		x		
Smoked Salmon		X			X		X			X		x		

Review date: May 2021

Some products used are made in a factory that may contain other allergens



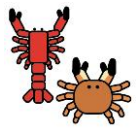
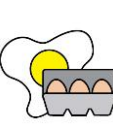








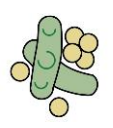

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mature Cheddar Sandwich		X					X							
Egg Mayonnaise Sandwich		X		X										
Ham Sandwich		X												
Roast Chicken Sandwich		X												
Giardino Special Sandwich		X												
Tuna Mayonnaise Sandwich		X		X	X								x	
Prawn Mayonnaise Sandwich		X	X	X										
Prawn & Oceanstick Sandwich		X	X	X										
Goats Cheese Sandwich		X					X							

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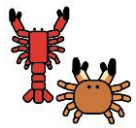
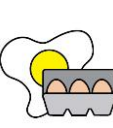






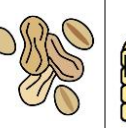
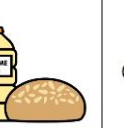
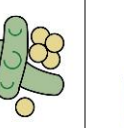

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Smoked Salmon & Cream Cheese Sandwich		X			X		X							
Crayfish & Avocado Sandwich		X	X	X										
Chicken Escalope Sandwich	x	X		X			X		x					
Bacon Melt Sandwich		X					x							
Chicken, Bacon, Sweetcorn Sandwich		X		X										
Chicken, Bacon, Ham Sandwich		X		X										
Chicken Bacon, Cheese Sandwich		X		X			x							
Chicken Pesto Sandwich		X		X			x			Pine Nuts / cashew nuts				
Coronation Chicken Sandwich	x	x		x										

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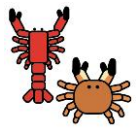
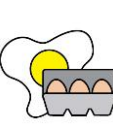








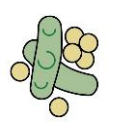

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Tuna , Sweetcorn, Onion Sandwich		X		X	x								x	
Tuna Melt Sandwich		X			X		X						x	
Bagel		X					May contain Traces							
Brown Baguette														
White Bread		X												
Brown Bread		x												
Baguette		X					May contain Traces							
Ciabatta		X												
Focaccia		X					May contain Traces							
Wrap		x					May contain Traces							

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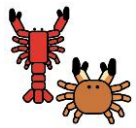
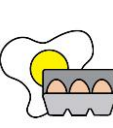








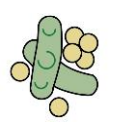

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Full English Breakfast with Toast		x		x			x						x	x
Egg on Toast		x		x			x							
Poached Eggs, avocado, cherry tomatoes, pesto		x		x						Pine nuts / cashew nuts				
Baked Beans on Toast		x					x							
Vegetarian Breakfast		x		x									x	x
Bacon Sandwich		x					x							
Sausage Sandwich		x					x						x	x
Porridge		x					x							
Eggs benedict		x		x			x		x					
Eggs Royale		x		x	x		x		x					



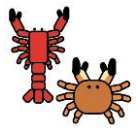
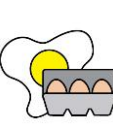

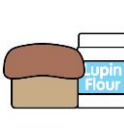

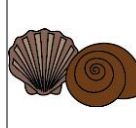






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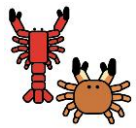
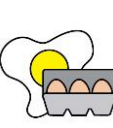








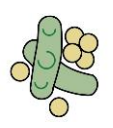

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Baked Beans Jacket Potato														
Cheddar Cheese Jacket Potato							X							
Baked Beans & Cheddar Cheese Jacket Potato							X							
Coleslaw Jacket Potato				X					X					
Crayfish & Avocado Jacket Potato			X	X					X					
Giardino Special Jacket Potato							If topped with cheese							
Meatballs Jacket Potato		X					If topped with cheese							
Prawn & Oceanstick Jacket Potato			X	X					X					
Tuna Mayonnaise Jacket Potato				X	X				X				X	

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO



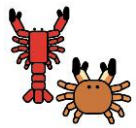
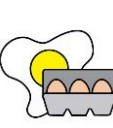

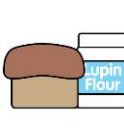








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Curry Jacket Potato	X													
Chilli Con Carne Jacket Potato	X													X
Vegetable curry	X													

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Leek & Potato Soup	x	X					X							
Minestrone Soup	X	X					X							
Pea & Ham Soup		X					X							
Tomato Soup	X	X					X							
Spicy Carrot & Parsnip Soup	x	x					X							
BROMLEY Pea & Mint Soup	x	x					x							
BROMLEY Lentil Soup	x	x					x							
BROMLEY Cream of Mushroom Soup	x	x					x							
BROMLEY Sweet Potato Soup	x	x					x			Nutmeg				
BROMLEY Butternut Squash, Spinach & cream Soup	x	x					x			Nutmeg				



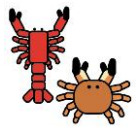
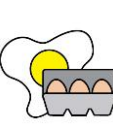






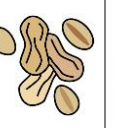

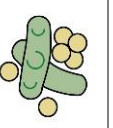

Review date: May 2021

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO



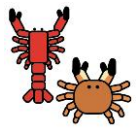
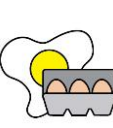

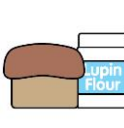

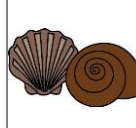






DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bechamel Sauce		X					X			Nutmeg				
Bolognese Sauce	X													X
Napoli Sauce														
Meatballs		X												

Review date: May 2021

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO



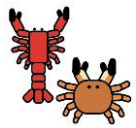
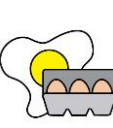

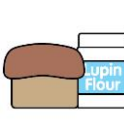








DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Macaroni Cheese		X					X		X	Nutmeg				
Spicy Vegetable Pasta	x	X												
Spicy Chicken Pasta		X												X
Green Pesto and sun dried tomato Pasta	x	X					X			Pine Nuts/ cashew nuts				X
Creamy Mushroom Pasta		X					X			Nutmeg				X
Carbonara		X					X			Nutmeg				
Meat Lasagne	X	X					X			Nutmeg				x
Vegetable Lasagne		X					X			Nutmeg				
Bolognese Pasta Bake	X	X					X							x
Butternut Squash, Pancetta, chilli		X												

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Chicken, Tomato, Mushroom & Rosemary Pasta		X					X							X
Creamy Chicken Pesto Pasta		X					X			Pine Nuts/ cashew nuts				X
Meatballs		X												
Bacon, Chilli, Spinach Pasta		X					X							X
Spaghetti Bolognese	X	X												X



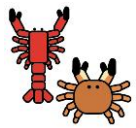
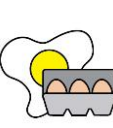






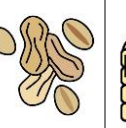
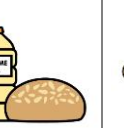
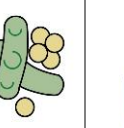

Review date: May 2021

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BROMLEY ONLY DAILY SPECIALS														
Halloumi Burger		X					X							
Sausage & Mash		X					X						X	X
Shepherds Pie		X			X		X							
Chicken Burger	X	X		X					X					
Fish & Chips		X			X				X					
Roast Chicken		X												

Review date: May 2021



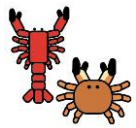
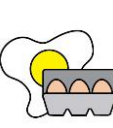

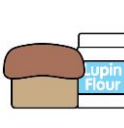

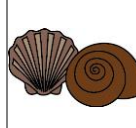






DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Olives														
Grilled peppers														
Garlic Bread		X					X							
Garlic Bread & Cheese		X					X							
Bruschetta		X												
Pizza Bread – Margherita		X					X							
Pizza Bread – Ham & Cheese		X					X							
Pizza Bread – Mediterranean		X					X							
French Fries		Cooked in a fryer that contains gluten												
Sausage Roll		X					X						X	

Review date: May 2021



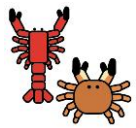
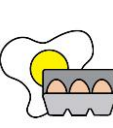

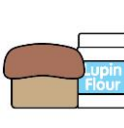

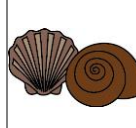






Some products used are made in a factory that may contain other allergens

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO



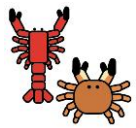
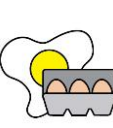

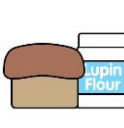

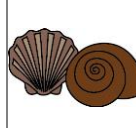




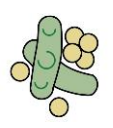

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Beetroot , Broad Bean & Feta							X							
Chunky Coleslaw				X										
Couscous														
Greek							X							
Green Bean														
Italian Bean	X													
Mozzarella & Sun dried Tomato							X							
Green Pesto Pasta		X		X						Pine Nuts/ cashew nuts				
Classic Potato				X										
Spicy Noodle		X											X	

Review date: May 2021

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO



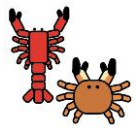
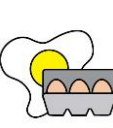






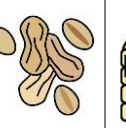
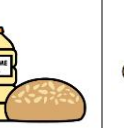
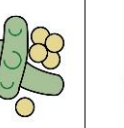

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Waldorf	X						X			X				
Mixed Leaves														
Classic Mediterranean														
Red Apple Coleslaw							X							
Roasted Butternut Squash, Walnuts & Feta Salad							X			X				
Sweet potato, caramelised onions & pomegranate														
Lentil, Couscous, Goats cheese							X							
Cauliflower, Tomato, Turmeric Yoghurt							X							
Courgette, Red onion, Almonds										X				
Sweet Potato, Broad Bean, Kale, Beetroot														

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cappuccino							X							
Latte							X							
Mocha							X							
Hot Chocolate							X							
Frappe							X							
Frappe with almond syrup							X			X				
Frappe with vanilla syrup							X			X				
Frappe with cinnamon syrup							X							
Frappe with caramel syrup							X							
Frappe with hazelnut syrup							X			X				



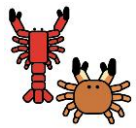
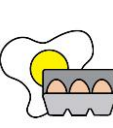

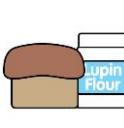

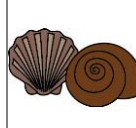




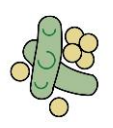

Review date: May 2021

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO

DISHES	 Celery	 Cereals containing gluten	 Crustaceans	 Eggs	 Fish	 Lupin	 Milk	 Mollusc	 Mustard	 Nuts	 Peanuts	 Sesame seeds	 Soya	 Sulphur Dioxide
Green Reviver														
Strawberry Delight														
Pineapple Sunset														
Coconut Crush							X			Coconut flakes				
Vanilla Milkshake							X						X	
Banana Milkshake							X						X	
Strawberry Milkshake							X						X	
Chocolate Milkshake							X						X	



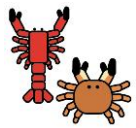
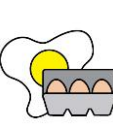

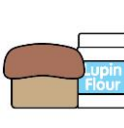








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DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Daddies Tomato Sauce														
Heinz Tomato Ketchup Sachets	X													
Mayonnaise				X										
GF Vegetable Stock														
GF Beef Stock														
Sweet Chilli Sauce														
Caesar Dressing				X			X							
Crushed Chilli Flakes														
BBQ Sauce														

Review date: May 2021

DISHES AND THEIR ALLERGEN CONTENT – TCR (LONDON) LTD – CAFÉ GIARDINO.

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Salad Cream				X					X					
Mango Chutney														
Ferns Curry Paste														
French Dressing									X					
Tartare Sauce				X					X					